

**AHSTW - 4/8/2021**

**AHSTW**

**Results - AHSTW HS Meet**

**Boys 100 Meter Dash**

| AHSTWHS: 10.69 2018 Gage Clay-AHSTW, AHSTW |      |                     |                  |        |       |        |
|--|------|---------------------|------------------|--------|-------|--------|
| Name                                       | Year | School              | Seed             | Finals | H#    | Points |
| <b>Finals</b>                              |      |                     |                  |        |       |        |
| 1  |      | Jeppesen, Cole      | Riverside, Oak   | 11.37  | 11.60 | 2 10   |
| 2  |      | Sternberg, Luke     | Ahstw            | 11.34  | 11.63 | 2 8    |
| 3  |      | Crozier, Brody      | Southwest Valley | 11.53  | 11.85 | 2 6    |
| 4  |      | Brodigan, Jiri      | East Mills       | 11.99  | 11.93 | 2 5    |
| 5  |      | Peterson, Wyatt     | Griswold         | 11.88  | 12.34 | 2 4    |
| 6  |      | McLaughlin, Jordan  | Fremont-Mills    | 12.11  | 12.51 | 2 3    |
| 7  |      | Williams, Jordan    | East Mills       | 12.55  | 12.52 | 1 2    |
| 8  |      | Baker, Landon       | Fremont-Mills    | 12.34  | 12.59 | 2 1    |
| 9  |      | Steinhoff, Mason    | Griswold         | 11.99  | 12.63 | 2      |
| 10   |      | Witt, Braxton       | Audubon          |        | 12.86 | 1      |
| 11   |      | Schechinger, Dalton | Riverside, Oak   | 14.05  | 13.82 | 1      |
| 12   |      | Ty, John            | Ehk-Exira        | 13.71  | 13.91 | 1      |
| 13   |      | Bailey, Austin      | Ehk-Exira        |        | 14.15 | 1      |
| 14   |      | Kaiser, Cash        | Ahstw            | 13.86  | 14.25 | 1      |
| 15   |      | Bowlin, Ty          | Audubon          |        | 14.29 | 1      |
| 16   |      | Cordon, Quinten     | Southwest Valley | 15.35  | 14.99 | 1      |

**Boys 200 Meter Dash**

| AHSTWHS: 22.20 2018 Gage Clay-AHSTW, AHSTW |      |                     |                  |        |       |        |
|--|------|---------------------|------------------|--------|-------|--------|
| Name                                       | Year | School              | Seed             | Finals | H#    | Points |
| 1  |      | Sternberg, Luke     | Ahstw            | 22.77  | 23.35 | 2 10   |
| 2  |      | Jeppesen, Cole      | Riverside, Oak   | 23.78  | 23.55 | 2 8    |
| 3  |      | Wilson, Auden       | Griswold         | 24.35  | 24.61 | 2 6    |
| 4  |      | Stearns, Cooper     | East Mills       | 30.26  | 25.10 | 1 5    |
| 5  |      | Rieken, Keaten      | Riverside, Oak   | 25.01  | 25.12 | 2 4    |
| 6  |      | Forney, Sawyer      | Fremont-Mills    | 25.21  | 25.37 | 2 3    |
| 7  |      | Smith, Nollan       | Griswold         | 24.36  | 26.12 | 2 2    |
| 8  |      | Stetzel, Logan      | Audubon          | 25.91  | 26.68 | 1 1    |
| 9  |      | McLaughlin, Jordan  | Fremont-Mills    | 25.30  | 26.91 | 2      |
| 10   |      | Westerhausen, Uriah | Southwest Valley | 27.50  | 26.98 | 1      |
| 11   |      | Henkle, Alex        | Audubon          |        | 27.68 | 1      |
| 12   |      | Lake, Bentley       | Ahstw            |        | 27.82 | 1      |
| 13   |      | Ty, John            | Ehk-Exira        | 28.43  | 28.68 | 1      |
| 14   |      | Blakley, Ashton     | Ehk-Exira        | 28.50  | 29.85 | 1      |
| 15   |      | Ripperger, Brock    | East Mills       | 32.95  | 31.74 | 1      |

**Boys 400 Meter Dash**

| AHSTWHS: 51.02 2014 Travis Tupper-East Mills, East Mills |      |                 |                |        |       |        |
|--|------|-----------------|----------------|--------|-------|--------|
| Name   | Year | School          | Seed           | Finals | H#    | Points |
| 1  |      | Sternberg, Luke | Ahstw          | 50.00  | 50.70 | 2 10   |
| 2  |      | Knoke, Maddox   | Riverside, Oak | 52.69  | 51.80 | 2 8    |
| 3  |      | Dorscher, Cody  | Griswold       | 53.55  | 52.66 | 2 6    |
| 4  |      | Harder, Collin  | Ahstw          | 53.00  | 52.93 | 2 5    |
| 5  |      | Wilson, Auden   | Griswold       | 53.65  | 54.85 | 2 4    |
| 6  |      | Urban, Caleb    | East Mills     | 57.93  | 55.29 | 1 3    |
| 7  |      | Wessel, Carson  | Audubon        | 58.50  | 55.98 | 1 2    |
| 8  |      | Rycroft, Carter | Fremont-Mills  | 57.00  | 59.03 | 2 1    |

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**....Boys 400 Meter Dash**

|    |                 |                  |         |         |   |
|----|-----------------|------------------|---------|---------|---|
| 9  | Forney, Sawyer  | Fremont-Mills    | 57.00   | 59.79   | 2 |
| 10 | Martens, Dane   | Riverside, Oak   | 1:00.89 | 59.99   | 1 |
| 11 | Ewalt, Chance   | Fremont-Mills    |         | 1:00.52 | 1 |
| 12 | Blakley, Ashton | Ehk-Exira        | 1:08.50 | 1:05.42 | 1 |
| 13 | Hocker, Hudson  | Audubon          |         | 1:05.98 | 1 |
| 14 | Bailey, Austin  | Ehk-Exira        | 1:08.00 | 1:06.78 | 1 |
| 15 | Truman, Brayden | Southwest Valley | 1:06.59 | 1:07.20 | 1 |

**Boys 800 Meter Run**

| =====    |                   |                  |                           |           |              |
|----------|-------------------|------------------|---------------------------|-----------|--------------|
| AHSTWHS: | 2:03.00           | 2019             | Jalen Humphrey-Underwood, | Underwood |              |
| Name     | Year              | School           | Seed                      | Finals    | Points       |
| =====    |                   |                  |                           |           |              |
| 1        | Henderson, Dawson | Riverside, Oak   | 2:02.99                   | 2:00.23   | 10           |
| 2        | Henderson, Brody  | Riverside, Oak   | 2:07.50                   | 2:03.63   | 8            |
| 3        | Harder, Collin    | Ahstw            | 2:05.85                   | 2:07.11   | 6            |
| 4        | Dorscher, Cody    | Griswold         | 2:10.23                   | 2:13.24   | 5            |
| 5        | Carter, Anderson  | Fremont-Mills    | 2:17.70                   | 2:13.65   | 4            |
| 6        | Kjergaard, Aiden  | Audubon          | 2:13.98                   | 2:15.88   | 3            |
| 7        | Laverty, Dain     | Griswold         | 2:25.08                   | 2:25.22   | 2            |
| 8        | Lemons, Wyatt     | Fremont-Mills    | 2:23.00                   | 2:29.81   | 1            |
| 9        | Gibbs, Landon     | East Mills       | 2:35.59                   | 2:41.15   |              |
| 10       | Michael, Trenton  | Southwest Valley | 2:41.90                   | 2:48.60   |              |
| --       | Leary, Riley      | Ahstw            |                           | NT        | NT on Camera |
| --       | Bruce, Brayton    | Southwest Valley |                           | NT        | NT on Camera |

**Boys 1600 Meter Run**

| =====    |                 |                  |                        |         |        |
|----------|-----------------|------------------|------------------------|---------|--------|
| AHSTWHS: | 4:57.99         | 2011             | Aaron Roberts-Audubon, | Audubon |        |
| Name     | Year            | School           | Seed                   | Finals  | Points |
| =====    |                 |                  |                        |         |        |
| 1        | Jensen, Holden  | Griswold         | 4:54.51                | 4:57.64 | 10     |
| 2        | Harder, Collin  | Ahstw            | 4:54.49                | 5:04.00 | 8      |
| 3        | Meek, Paxtyn    | Riverside, Oak   | 5:22.59                | 5:14.16 | 6      |
| 4        | Hering, Colton  | Riverside, Oak   | 5:31.15                | 5:22.51 | 5      |
| 5        | Beane, Paxton   | Audubon          | 5:31.58                | 5:40.80 | 4      |
| 6        | Rasmussen, Alex | Griswold         | 5:58.16                | 5:56.67 | 3      |
| 7        | Lemons, Rhett   | Fremont-Mills    | 5:40.00                | 6:00.15 | 2      |
| 8        | Korver, Ryan    | Fremont-Mills    | 6:06.86                | 6:20.06 | 1      |
| 9        | Waddell, Ben    | Southwest Valley | 6:13.84                | 6:27.72 |        |
| 10       | Blotzer, Sage   | Ahstw            |                        | 7:00.25 |        |

**Boys 3200 Meter Run**

| =====    |                   |                |                        |          |        |
|----------|-------------------|----------------|------------------------|----------|--------|
| AHSTWHS: | 10:28.30          | 2011           | Aaron Roberts-Audubon, | Audubon  |        |
| Name     | Year              | School         | Seed                   | Finals   | Points |
| =====    |                   |                |                        |          |        |
| 1        | Henderson, Dawson | Riverside, Oak | 10:10.10               | 10:30.35 | 10     |
| 2        | Jensen, Holden    | Griswold       | 10:30.81               | 10:39.55 | 8      |
| 3        | Rasmussen, Austin | Ehk-Exira      | 10:57.06               | 11:21.14 | 6      |
| 4        | Carter, Anderson  | Fremont-Mills  | 12:02.00               | 11:25.97 | 5      |
| 5        | Oliver, Kellen    | Riverside, Oak | 11:53.02               | 11:44.06 | 4      |
| 6        | Lemons, Wyatt     | Fremont-Mills  | 12:01.99               | 12:10.22 | 3      |
| 7        | Turner, Cavyn     | Griswold       | 13:26.29               | 14:10.38 | 2      |

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**Boys 110 Meter Hurdles**

| AHSTWHS: 14.36 2011  |      | Hunter Nelsen-AHST, AHST |       |        |           |
|----------------------|------|--------------------------|-------|--------|-----------|
| Name                 | Year | School                   | Seed  | Finals | H# Points |
| 1 Cook, Peyton       |      | Griswold                 | 15.35 | 15.66  | 2 10      |
| 2 Silk, Wyatt        |      | Griswold                 | 16.94 | 16.84  | 2 8       |
| 3 Jensen, Gabe       |      | Audubon                  | 17.12 | 17.22  | 2 6       |
| 4 Steckler, Mason    |      | Audubon                  | 17.37 | 17.62  | 2 5       |
| 5 Embree, Jackson    |      | East Mills               | 17.78 | 17.68  | 2 4       |
| 6 Doyle, Lucas       |      | Riverside, Oak           | 18.89 | 18.84  | 1 3       |
| 7 Hartman, Riley     |      | Southwest Valley         | 18.35 | 19.29  | 1 2       |
| 8 Fast, Evan         |      | Southwest Valley         | 19.80 | 21.14  | 1 1       |
| 9 Carrigan, Kingston |      | Riverside, Oak           |       | 22.68  | 1         |

**Boys 400 Meter Hurdles**

| AHSTWHS: 56.74 2013 |      | Kevin Herrick-Fremont-Mills, Fremont-Mills |         |         |           |
|---------------------|------|--|---------|---------|-----------|
| Name                | Year | School                                     | Seed    | Finals  | H# Points |
| 1 Mendenhall, Wyatt |      | Southwest Valley                           | 57.46   | 57.34   | 2 10      |
| 2 Henderson, Dawson |      | Riverside, Oak                             | 58.80   | 57.75   | 2 8       |
| 3 Cook, Peyton      |      | Griswold                                   | 58.44   | 58.23   | 2 6       |
| 4 Gordon, Jaxon     |      | Riverside, Oak                             | 57.12   | 58.67   | 2 5       |
| 5 Seipold, Walter   |      | East Mills                                 | 1:01.71 | 1:01.15 | 2 4       |
| 6 Nelson, Ty        |      | Ahstw                                      | 1:02.00 | 1:02.71 | 2 3       |
| 7 Wyman, Bode       |      | Griswold                                   | 1:02.61 | 1:02.91 | 2 2       |
| 8 Wessel, Carson    |      | Audubon                                    | 1:03.22 | 1:04.09 | 1 1       |
| 9 Rycroft, Carter   |      | Fremont-Mills                              | 1:05.22 | 1:05.36 | 1         |
| 10 Hartman, Riley   |      | Southwest Valley                           | 1:08.27 | 1:07.15 | 1         |
| 11 Hagen, Cooper    |      | East Mills                                 | 1:14.83 | 1:09.54 | 1         |

**Boys 4x100 Meter Relay**

| AHSTWHS: 45.25 2018    |       | Harris, Peterson, Martin, Clay-AHSTW, AHSTW |        |                      |
|------------------------|-------|---|--------|----------------------|
| School                 | Seed  | Finals                                      | Points |                      |
| 1 Riverside, Oak 'A'   | 44.90 | 44.42                                       | 10     |                      |
| 1) Jeppesen, Cole      |       |   |        | 2) Gordon, Jaxon     |
| 3) Smith, Aaron        |       |   |        | 4) Knoke, Maddox     |
| 2 Southwest Valley 'A' | 46.36 | 45.81                                       | 8      |                      |
| 1) Wetzell, Gavin      |       |   |        | 2) Crozier, Brody    |
| 3) Shires, Wyatt       |       |   |        | 4) Mendenhall, Wyatt |
| 3 Fremont-Mills 'A'    | 46.43 | 45.91                                       | 6      |                      |
| 1) Baker, Landon       |       |   |        | 2) Ekpai, Jonathan   |
| 3) Forney, Sawyer      |       |   |        | 4) Campbell, Paxton  |
| 4 Ahstw 'A'            | 46.50 | 47.31                                       | 5      |                      |
| 1) Holmes, Christopher |       |   |        | 2) Sandbothe, Kayden |
| 3) Wheatley, Chase     |       |   |        | 4) Sternberg, Luke   |
| 5 East Mills 'A'       | 47.54 | 47.40                                       | 4      |                      |
| 1) Williams, Jordan    |       |   |        | 2) Embree, Jackson   |
| 3) Brodigan, Jiri      |       |   |        | 4) Urban, Caleb      |
| 6 Griswold 'A'         | 48.43 | 48.67                                       | 3      |                      |
| 1) Steinhoff, Mason    |       |   |        | 2) Taylor, Shane     |
| 3) Silk, Wyatt         |       |   |        | 4) Peterson, Wyatt   |
| 7 Audubon 'A'          | 47.76 | 49.12                                       | 2      |                      |
| 1) Stetzel, Logan      |       |   |        | 2) Henkle, Alex      |

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**....Boys 4x100 Meter Relay**

|                       |                      |       |       |   |
|-----------------------|----------------------|-------|-------|---|
| 3) Kasperbauer, Mason | 4) Witt, Braxton     |       |       |   |
| 8 Ehk-Exira 'A'       |                      | 50.00 | 51.97 | 1 |
| 1) Brabham, Bryce     | 2) Lassek, Jack      |       |       |   |
| 3) Juhl, Owen         | 4) Rasmussen, Austin |       |       |   |

**Boys 4x200 Meter Relay**

| AHSTWHS: 1:33.27 2014  |         | Panorama, Panorama |        |                      |
|------------------------|---------|--------------------|--------|----------------------|
| School                 | Seed    | Finals             | Points |                      |
| 1 Riverside, Oak 'A'   | 1:38.99 | 1:37.32            | 10     |                      |
| 1) Gordon, Jaxon       |         |                    |        | 2) Roller, AC        |
| 3) Rose, Jett          |         |                    |        | 4) Smith, Keegan     |
| 2 Audubon 'A'          | 1:41.91 | 1:38.68            | 8      |                      |
| 1) Kasperbauer, Mason  |         |                    |        | 2) Schultes, Brody   |
| 3) Obrecht, Adam       |         |                    |        | 4) Meyer, Lane       |
| 3 East Mills 'A'       | 1:37.00 | 1:39.64            | 6      |                      |
| 1) Williams, Jordan    |         |                    |        | 2) Hagen, Cooper     |
| 3) Jackson, Curtis     |         |                    |        | 4) Seipold, Walter   |
| 4 Griswold 'A'         | 1:39.21 | 1:41.16            | 5      |                      |
| 1) Smith, Nollan       |         |                    |        | 2) Bowers, Conner    |
| 3) Steinhoff, Mason    |         |                    |        | 4) Peterson, Wyatt   |
| 5 Southwest Valley 'A' | 1:42.00 | 1:44.54            | 4      |                      |
| 1) Wetzell, Gavin      |         |                    |        | 2) Morgan, Alex      |
| 3) Cooper, Carson      |         |                    |        | 4) Forsythe, Ian     |
| 6 Ehk-Exira 'A'        | 1:48.00 | 1:46.32            | 3      |                      |
| 1) Brabham, Bryce      |         |                    |        | 2) Lassek, Jack      |
| 3) Juhl, Owen          |         |                    |        | 4) Rasmussen, Austin |
| 7 Fremont-Mills 'A'    | 1:44.00 | 1:49.93            | 2      |                      |
| 1) Kling, Aidyn        |         |                    |        | 2) Ware, Bentley     |
| 3) Morse, Colin        |         |                    |        | 4) Roach, Ethan      |
| 8 Ahstw 'A'            | 1:48.00 | 1:54.17            | 1      |                      |
| 1) Lake, Bentley       |         |                    |        | 2) Leary, Riley      |
| 3) Kaiser, Cash        |         |                    |        | 4) Miles, Fisher     |

**Boys 4x400 Meter Relay**

| AHSTWHS: 3:25.00 2019  |         | Wollen, Rosas, Pearson, Humphrey-Underwood, Un |        |                     |
|------------------------|---------|--|--------|---------------------|
| School                 | Seed    | Finals   | Points |                     |
| 1 Riverside, Oak 'A'   | 3:29.53 | 3:34.01  | 10     |                     |
| 1) Henderson, Brody    |         |  |        | 2) Fenner, Owen     |
| 3) Jaquez, Cruz        |         |  |        | 4) Hudnall, Eli     |
| 2 Audubon 'A'          | 3:40.75 | 3:41.46  | 8      |                     |
| 1) Obrecht, Adam       |         |  |        | 2) Schultes, Brody  |
| 3) Nowatzke, Jorgen    |         |  |        | 4) Kjergaard, Aiden |
| 3 Griswold 'A'         | 3:40.49 | 3:44.03  | 6      |                     |
| 1) Wilson, Auden       |         |  |        | 2) Dorscher, Cody   |
| 3) Bowers, Conner      |         |  |        | 4) Jensen, Holden   |
| 4 Ahstw 'A'            | 3:55.22 | 4:03.45  | 5      |                     |
| 1) Geraghty, Caden     |         |  |        | 2) Jensen, Jackson  |
| 3) Holmes, Christopher |         |  |        | 4) Nelson, Ty       |
| 5 Southwest Valley 'A' | 4:07.54 | 4:30.22  | 4      |                     |
| 1) Fast, Evan          |         |  |        | 2) Hogan, Jackson   |
| 3) Hernando, Sammy     |         |  |        | 4) Truman, Brayden  |

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**....Boys 4x400 Meter Relay**

|                     |                 |         |   |
|---------------------|-----------------|---------|---|
| 6 Fremont-Mills 'A' | 4:12.97         | 4:36.77 | 3 |
| 1) Ware, Bentlee    | 2) Kling, Aidyn |         |   |
| 3) Roach, Ethan     | 4) Korver, Ryan |         |   |

**Boys 4x800 Meter Relay**

| AHSTWHS:               | 8:46.00              | 2019     | Pearson, Rosas, Savin, Patten-Underwood, | Under         |
|------------------------|----------------------|----------|--|---------------|
| School                 |                      |          | Seed                                     | Finals Points |
| 1 Riverside, Oak 'A'   | 8:06.95              | 8:57.58  | 10                                       |               |
| 1) Meek, Paxtyn        | 2) Jaquez, Cruz      |          |  |               |
| 3) Hudnall, Eli        | 4) Henderson, Brody  |          |  |               |
| 2 Ahstw 'A'            | 9:10.00              | 9:38.28  | 8  |               |
| 1) Geraghty, Caden     | 2) Jensen, Jackson   |          |  |               |
| 3) Nelson, Ty          | 4) Sandbothe, Kayden |          |  |               |
| 3 Griswold 'A'         | 8:58.19              | 10:13.15 | 6  |               |
| 1) Laverty, Dain       | 2) Keiser, Callen    |          |  |               |
| 3) Rasmussen, Alex     | 4) Frieze, Colton    |          |  |               |
| 4 Fremont-Mills 'A'    | 9:33.48              | 10:18.68 | 5  |               |
| 1) Lemonds, Rhett      | 2) Foster, Kaden     |          |  |               |
| 3) Morse, Colin        | 4) Johnson, Ben      |          |  |               |
| 5 Southwest Valley 'A' | 9:52.20              | 11:05.88 | 4  |               |
| 1) McKay, Garryt       | 2) Hernando, Sammy   |          |  |               |
| 3) Michael, Trenton    | 4) Hogan, Jackson    |          |  |               |

**Boys 800 Sprint Medley**

| AHSTWHS:               | 1:38.18                | 2024    | Pope, Denning, Sternberg, Hatch-AHSTW, | AHSTW         |
|------------------------|------------------------|---------|--|---------------|
| School                 |                        |         | Seed                                   | Finals Points |
| 1 Griswold 'A'         | 1:37.12                | 1:38.71 | 10                                     |               |
| 1) Wyman, Bode         | 2) Wilson, Auden       |         |  |               |
| 3) Cook, Peyton        | 4) Dorscher, Cody      |         |  |               |
| 2 Riverside, Oak 'A'   | 1:36.58                | 1:40.81 | 8                                      |               |
| 1) Rose, Jett          | 2) Roller, AC          |         |  |               |
| 3) Rieken, Keaten      | 4) Knoke, Maddox       |         |  |               |
| 3 East Mills 'A'       | 1:41.74                | 1:43.46 | 6                                      |               |
| 1) Brodigan, Jiri      | 2) Embree, Jackson     |         |  |               |
| 3) Urban, Caleb        | 4) Seipold, Walter     |         |  |               |
| 4 Audubon 'A'          | 1:39.85                | 1:45.20 | 5                                      |               |
| 1) Stetzel, Logan      | 2) Steckler, Mason     |         |  |               |
| 3) Kasperbauer, Mason  | 4) Obrecht, Adam       |         |  |               |
| 5 Ahstw 'A'            | 1:41.00                | 1:46.21 | 4                                      |               |
| 1) Holmes, Christopher | 2) Nelson, Ty          |         |  |               |
| 3) Wheatley, Chase     | 4) Harder, Collin      |         |  |               |
| 6 Fremont-Mills 'A'    | 1:48.00                | 1:48.59 | 3                                      |               |
| 1) Campbell, Paxton    | 2) Crom, Gavin         |         |  |               |
| 3) Ekpai, Jonathan     | 4) Ewalt, Chance       |         |  |               |
| 7 Southwest Valley 'A' | 1:42.65                | 1:49.26 | 2                                      |               |
| 1) Shires, Wyatt       | 2) Westerhausen, Uriah |         |  |               |
| 3) Cooper, Carson      | 4) Forsythe, Ian       |         |  |               |
| 8 Ekh-Exira 'A'        | 1:57.00                | 1:55.53 | 1                                      |               |
| 1) Brabham, Bryce      | 2) Bailey, Austin      |         |  |               |
| 3) Ty, John            | 4) Juhl, Owen          |         |  |               |

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**Boys Distance Medley**

| AHSTWHS: 3:52.87 2014  |  | Fremont-Mills, Fremont-Mills |         |        |  |
|------------------------|--|------------------------------|---------|--------|--|
| School                 |  | Seed                         | Finals  | Points |  |
| 1 Riverside, Oak 'A'   |  | 3:38.94                      | 3:59.29 | 10     |  |
| 1) Branan, Jack        |  | 2) Schechinger, Paden        |         |        |  |
| 3) Rieken, Kort        |  | 4) Fenner, Owen              |         |        |  |
| 2 Griswold 'A'         |  | 3:52.34                      | 4:00.47 | 8      |  |
| 1) Smith, Nollan       |  | 2) Bowers, Conner            |         |        |  |
| 3) Wyman, Bode         |  | 4) Jensen, Holden            |         |        |  |
| 3 Audubon 'A'          |  | 3:59.60                      | 4:12.29 | 6      |  |
| 1) Stetzel, Logan      |  | 2) Kjergaard, Aiden          |         |        |  |
| 3) Nowatzke, Jorgen    |  | 4) Beane, Paxton             |         |        |  |
| 4 Ahstw 'A'            |  | 4:05.00                      | 4:14.97 | 5      |  |
| 1) Sandbothe, Kayden   |  | 2) Jensen, Jackson           |         |        |  |
| 3) Holmes, Christopher |  | 4) Geraghty, Caden           |         |        |  |
| 5 Fremont-Mills 'A'    |  | 4:15.00                      | 4:29.59 | 4      |  |
| 1) Crom, Gavin         |  | 2) Morse, Landon             |         |        |  |
| 3) Foster, Kaden       |  | 4) Johnson, Ben              |         |        |  |
| 6 East Mills 'A'       |  | 4:34.00                      | 4:29.62 | 3      |  |
| 1) Allen, Terrell      |  | 2) Wilson, Michael           |         |        |  |
| 3) Reed, Jhalil        |  | 4) Gibbs, Landon             |         |        |  |
| 7 Southwest Valley 'A' |  | 4:18.05                      | 4:42.28 | 2      |  |
| 1) Hall, Javen         |  | 2) Fast, Evan                |         |        |  |
| 3) Westerhausen, Uriah |  | 4) Waddell, Ben              |         |        |  |

**Boys 4x110 Meter Shuttle Hurdle**

| AHSTWHS: 1:00.59 2014  |  | Panorama, Panorama   |         |    |        |  |
|------------------------|--|----------------------|---------|----|--------|--|
| School                 |  | Seed                 | Finals  | H# | Points |  |
| 1 Griswold 'A'         |  | 1:03.77              | 1:02.72 | 2  | 10     |  |
| 1) Silk, Wyatt         |  | 2) Wyman, Bode       |         |    |        |  |
| 3) Cook, Peyton        |  | 4) Smith, Nollan     |         |    |        |  |
| 2 Riverside, Oak 'A'   |  | 1:05.66              | 1:05.72 | 2  | 8      |  |
| 1) Amdor, Peyton       |  | 2) Smith, Aaron      |         |    |        |  |
| 3) Rose, Jett          |  | 4) Gordon, Jaxon     |         |    |        |  |
| 3 Southwest Valley 'A' |  | 1:06.28              | 1:06.69 | 2  | 6      |  |
| 1) Hartman, Riley      |  | 2) Wetzel, Gavin     |         |    |        |  |
| 3) Bissell, Walker     |  | 4) Mendenhall, Wyatt |         |    |        |  |
| 4 Audubon 'A'          |  | 1:07.24              | 1:10.40 | 1  | 5      |  |
| 1) Steckler, Mason     |  | 2) Wessel, Carson    |         |    |        |  |
| 3) Jensen, Gabe        |  | 4) Schultes, Brody   |         |    |        |  |
| 5 Fremont-Mills 'A'    |  | 1:10.39              | 1:14.03 | 1  | 4      |  |
| 1) Baker, Landon       |  | 2) Lemonds, Rhett    |         |    |        |  |
| 3) Morse, Landon       |  | 4) Rycroft, Carter   |         |    |        |  |

**Boys High Jump**

| AHSTWHS: 6-02.50 2015 |      | Lee Whyte-AHSTW, AHSTW |         |         |        |
|-----------------------|------|------------------------|---------|---------|--------|
| Name                  | Year | School                 | Seed    | Finals  | Points |
| 1 Bowers, Conner      |      | Griswold               | 6-07.00 | 6-00.00 | 10     |
| 2 Wetzel, Gavin       |      | Southwest Valley       | 5-11.00 | 5-10.00 | 8      |
| 3 Amdor, Peyton       |      | Riverside, Oak         | 5-02.00 | 5-00.00 | 5.50   |
| 3 Jensen, Jackson     |      | Ahstw                  |         | 5-00.00 | 5.50   |

**AHSTW - 4/8/2021****AHSTW****Results - AHSTW HS Meet****....Boys High Jump**

|   |               |                |          |   |
|---|---------------|----------------|----------|---|
| 5 | Kremkoski, AJ | Riverside, Oak | J5-00.00 | 4 |
|---|---------------|----------------|----------|---|

**Boys Long Jump**

| =====    |                   |                  |                           |          |        |
|----------|-------------------|------------------|---------------------------|----------|--------|
| AHSTWHS: | 21-10.25          | 2014             | Colby Rattenborg-Audubon, | Audubon  |        |
| Name     | Year              | School           | Seed                      | Finals   | Points |
| =====    |                   |                  |                           |          |        |
| 1        | Jeppesen, Cole    | Riverside, Oak   |                           | 20-03.00 | 10     |
| 2        | Crozier, Brody    | Southwest Valley | 19-03.75                  | 18-11.00 | 8      |
| 3        | Ekpai, Jonathan   | Fremont-Mills    | 19-02.00                  | 18-07.50 | 6      |
| 4        | Smith, Aaron      | Riverside, Oak   | 19-06.75                  | 18-06.50 | 5      |
| 5        | Campbell, Paxton  | Fremont-Mills    | 18-01.00                  | 18-05.00 | 4      |
| 6        | Shires, Wyatt     | Southwest Valley | 17-10.75                  | 17-06.00 | 3      |
| 7        | Sandbothe, Kayden | Ahstw            | 17-00.00                  | 17-02.50 | 2      |
| 8        | Beane, Paxton     | Audubon          |                           | 17-01.50 | 1      |
| 9        | Steinhoff, Mason  | Griswold         | 15-09.00                  | 16-08.50 |        |
| 10       | Reed, Jhalil      | East Mills       | 16-07.50                  | 16-06.50 |        |

**Boys Shot Put**

| =====    |                    |                  |                         |           |        |
|----------|--------------------|------------------|-------------------------|-----------|--------|
| AHSTWHS: | 50-02.25           | 2011             | Anrew Bonnet-Underwood, | Underwood |        |
| Name     | Year               | School           | Seed                    | Finals    | Points |
| =====    |                    |                  |                         |           |        |
| 1        | Peterson, Jett     | Ahstw            | 49-08.25                | 43-06.00  | 10     |
| 2        | Meyer, Lane        | Audubon          | 44-08.00                | 42-02.00  | 8      |
| 3        | Bell, Wyatt        | Riverside, Oak   | 38-07.75                | 40-05.00  | 6      |
| 4        | Hagen, Cooper      | East Mills       | 41-08.50                | 38-06.00  | 5      |
| 5        | Crom, Gavin        | Fremont-Mills    | 39-10.00                | J38-06.00 | 4      |
| 6        | McLaughlin, Jordan | Fremont-Mills    | 34-06.00                | 36-10.50  | 3      |
| 7        | Dishong, RJ        | Griswold         | 40-07.75                | 36-07.50  | 2      |
| 8        | Rossell, Camden    | Griswold         | 37-11.75                | 36-05.00  | 1      |
| 9        | Viner, Tyson       | East Mills       | 39-01.00                | 36-01.00  |        |
| 10       | Mullen, Theron     | Southwest Valley | 40-05.50                | 34-09.50  |        |
| 11       | Sorensen, Izik     | Audubon          | 37-09.00                | 34-03.00  |        |
| 12       | Spiering, Trent    | Riverside, Oak   | 36-00.25                | 33-01.50  |        |
| 13       | Scheffler, Roman   | Ahstw            | 33-04.50                | 30-03.50  |        |
| 14       | Inman, Lucas       | Southwest Valley | 31-01.25                | 30-00.50  |        |
| 15       | Lassek, Jack       | Ehk-Exira        | 26-06.00                | 29-06.00  |        |

**Boys Discus Throw**

| =====    |                    |                  |                               |               |        |
|----------|--------------------|------------------|-------------------------------|---------------|--------|
| AHSTWHS: | 155-11             | 2012             | AJ Scarborough-Fremont-Mills, | Fremont-Mills |        |
| Name     | Year               | School           | Seed                          | Finals        | Points |
| =====    |                    |                  |                               |               |        |
| 1        | Dishong, RJ        | Griswold         | 145-00                        | 132-00        | 10     |
| 2        | Peterson, Jett     | Ahstw            | 126-10                        | 128-01        | 8      |
| 3        | Spiering, Trent    | Riverside, Oak   | 130-11                        | 127-09        | 6      |
| 4        | Taylor, Shane      | Griswold         | 115-06                        | 114-11        | 5      |
| 5        | McLaughlin, Jordan | Fremont-Mills    | 108-00                        | 113-04        | 4      |
| 6        | Hackett, Gaven     | Riverside, Oak   | 110-06                        | 108-08        | 3      |
| 7        | Mullen, Theron     | Southwest Valley | 95-01                         | 108-05        | 2      |
| 8        | Larsen, Hayden     | Audubon          | 109-03                        | 107-05        | 1      |
| 9        | Zimmerman, Broden  | Fremont-Mills    | 116-09                        | 106-03.50     |        |
| 10       | Scheffler, Roman   | Ahstw            | 100-04                        | 100-08.50     |        |
| 11       | Inman, Lucas       | Southwest Valley | 106-01                        | 99-01         |        |

**AHSTW - 4/8/2021**

**AHSTW**

**Results - AHSTW HS Meet**

**....Boys Discus Throw**

|                    |            |       |          |
|--------------------|------------|-------|----------|
| 12 Stearns, Cooper | East Mills | 91-01 | 95-06    |
| 13 Meyer, Lane     | Audubon    | 94-00 | 87-04    |
| 14 Jackson, Curtis | East Mills | 81-00 | 84-11    |
| 15 Lassek, Jack    | Ehk-Exira  |       | 74-06.50 |

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Women - Team Rankings - 19 Events Scored

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|                     |     |                   |     |
|---------------------|-----|-------------------|-----|
| 1) Riverside, Oak   | 162 | 2) AHSTW          | 155 |
| 3) Fremont-Mills    | 141 | 4) Logan-Magnolia | 79  |
| 5) East Mills       | 63  | 6) Audubon        | 56  |
| 7) Southwest Valley | 24  |                   |     |